

## Want to get started? - Kickstart Taekwondo

Written by James Lavin  
Tuesday, 26 May 2009 16:04

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Joining our club is easy! Join today and start improving your mind and body. Check out our training times to find a class time to suit you. You should turn up in loose clothing that allows you to move easily.

Tags: martial arts manchester, martial arts [stockport](#) , taekwondo manchester, taekwondo stockport, stockport taekwondo, manchester taekwondo

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